



GFS 20 Inch Long Spaghetti Pasta, 20 Lb Bag, 1/Case

Item Number: 108375  

Offering quality, this long spaghetti is made with 100 percent durum wheat semolina and has a mild, nut-like flavor, ideal with a variety of hearty sauces.

- Contains zero grams trans fat
- Sodium-free
- Enriched with iron and B vitamins
- Bulk packaging saves time and reduces waste when serving large groups

1/Case

\$19.92
\$0.06/oz

QTY

Nutrition

Based On: AP Pasta, Spaghetti, Long 20", GFS Rounding: On

Ingredients

DURUM WHEAT SEMOLINA, [Enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)].
COMMON ALLERGENS PRESENT: Wheat. Nutrition and Ingredient statement updated June 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 2 oz (56.7g)	
Amount Per Serving	
Calories 210	Calories From Fat 9
% Daily Value *	
Fat 1g	2%
Saturated Fat0g	n/a
Trans Fat0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium	n/a
Carbohydrates 42g	14%
Fiber2g	8%
Sugar3g	
Protein 7g	14%
Vitamin A IU 0% Vitamin C 0% Calcium 0% Iron 10%	
* Based on a 2000 calories diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

School Equivalents:

Child Nutrition Label	No
Serving Size	n/a
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	0 mg

Updated For New Final Rule:

Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	1.8 mg
Manganese	n/a
Iodine	n/a

Additional Images

